

# WEST FAMILY HUB

## Farcliffe Timetable

### December 2022- January 2023

## WOMENS CHIT CHAT GROUP

Starting Tuesday 22<sup>nd</sup> November  
from 1pm-2:30pm & Will Continue  
Every Other Tuesday

Refreshments Will Be Provided

West Family Hub  
56 Toller Lane  
BD8 8QH



Contact Erica Wood on  
01866 127256 or Rakhi Anil  
Rasbi on 01773 124015  
If you have any questions.



Like Us!



Bradford West Family Hub

## SEND Parent Carer Drop-in



Run by Carers' Resource in partnership with Bradford West Family Hub

An informal meeting for parent carers to get together,  
receive support, and share experiences.

Monday 7th November 10am-11.30am  
Monday 12th December 10am-11.30am

Bradford West Family Hub, Farcliffe  
56 Toller Lane, Bradford BD8 8QH

For further information please contact Sam Bland at  
sbland@carersresource.org or 01274 449660



carers'  
resource  
you care for them, we care for you



City of  
**BRADFORD**  
METROPOLITAN DISTRICT COUNCIL



Could you be missing out on 15 hours free childcare  
for your two-year-old?

Contact Erica Wood 07866127256 or Rukhsana Rasib 07773124015  
or Lois Partington 07773123955 for more information

### Bradford West Family Hub Contact Details

Hub Address: 56 Toller Lane, BD8 8QH

Like Us!  Bradford West Family Hub

Telephone: 01274 436700

Office Opening Hours:

8:30am -5:00pm Monday- Thursday

8:30am -4:30pm Friday

# WEST FAMILY HUB -Farcliffe Timetable December 2022 - January 2023

<b>Monday</b>	<b>Health visitor clinic</b> Available all day At: West Family Hub Farcliffe  Bookable through your health visitor.	<b>Bookable sensory play sessions</b> Available all day At: West Family Hub Farcliffe  Bookable through West Family Hub Farcliffe reception.	<b>Community play and learn session (SEND)</b>  Time: 9.00 – 12.00 At: West family Hub Farcliffe  Bookable through West Family Hub Farcliffe reception.	<b>Midwifery clinic</b> Available all day At: West Family Hub Farcliffe  Bookable through your midwife or health practitioner.	<b>Bradford Stronger Together – Community Autism and SEND support group. Cook and Eat session</b>  Time: 9am – 12.00 Monthly At: West Family Hub Farcliffe  Bookable through Farcliffe Reception or just drop in	<b>Carer's resource drop in sessions. An informal meeting for parent carers to get together, receive support, and share experiences.</b>  Available: Monthly Monday 7th November 10am-11.30am Monday 12th December 10am-11.30am  Bookable through Sam Bland at 01274 449660				
<b>Tuesday</b>	<b>Health visitor clinic</b> Available all day At: West Family Hub Farcliffe  Bookable through your health visitor	<b>Midwifery clinic</b> Available all day At: West Family Hub Farcliffe  Bookable through your midwife or health practitioner	<b>Youth service- Girl's youth group</b>  Time: 6pm-9pm At: West Family Hub Farcliffe  Just turn up and drop in	<b>Play and learn session</b> At: Farnham primary school Time: 9-10.30am  Just drop in and register	<b>Bookable sensory play sessions</b> Available all day At: West Family Hub Farcliffe  Bookable through West Family Hub Farcliffe reception	<b>0-4 years drop in session for parents.</b>  Commencing 17th January Time: 9.30am – 12.30pm Advice, support and information for parents of 0-4yrs.  Run by Keelie from Catholic care. For more information, please contact West Family Hub. Just turn up!	<b>Parents wellbeing group</b>  <b>12.30pm- 3.30pm</b>  Alternate Tuesdays with the Chit chat group.  Run by the Cellar Trust  For more information, please contact West Family Hub. Just turn up!	<b>DJ party night</b>  20th December 6.30pm – 8.30pm Girls 11-19yrs  For more information, please contact: Bilal 07814073902.		
<b>Wednesday</b>	<b>Health visitor clinic</b> Available all day At: West Family Hub Farcliffe  Bookable through your health visitor	<b>Clothes Shack</b> Free clothes recycle shop.  Time: 1.00pm – 2.00pm  At: West Family Hub Farcliffe Just drop in!	<b>Supporting families police team drop in advice sessions</b>  Time: 9.00 – 12.00 At: West Family Hub Farcliffe  Bookable through Farcliffe Reception or just drop in	<b>Access &amp; Take up – Free childcare places advice and support drop in session</b>  Time: 9.00 – 12.00 At: West family Hub Farcliffe  Just turn up and drop in	<b>Department of working pensions – Family work coaches drop in session, debt, benefits and employment advice</b>  Time: 9:00am – 12:00pm At: West Family Hub Farcliffe  Bookable through Waz 07385952928 or just drop in	<b>School Nurse Drop-in Service.</b> Available for confidential appointments, Healthy eating, Healthy lifestyle, Healthy relationships, Night-time bedwetting, Feelings of sadness, worries or anger, Changes to the body  Available: Wednesday 5th October, 1-2.30pm Wednesday 2nd November, 1-2.30pm Wednesday 7th December, 1-2.30pm At: West family Hub Farcliffe Bookable through the school nursing team 01274 221203	<b>Neighbourhood warden's coffee and catch up</b>  Time: 9.00 – 12.00 At: West Family Hub Farcliffe  Bookable through Farcliffe reception	<b>Meet your local PCSO</b>  Time: 9.00 – 12.00 At: West Family Hub Farcliffe  Just turn up and drop in	<b>Bookable sensory play sessions</b> Available all day At: West Family Hub Farcliffe  Bookable through Farcliffe reception	<b>West Warm hub</b> Come and enjoy a hot drink in a cosy space, advice and support available.  Date: 23 <sup>rd</sup> November Date: 21 <sup>st</sup> December Date: 18 <sup>th</sup> January Time: 10am – 2pm At: West Family Hub Farcliffe  Just drop in.
<b>Thursday</b>	<b>Health Visitor baby clinic</b> Available all day At: West Family Hub Farcliffe  Bookable through your health visitor	<b>Bookable sensory play sessions</b> Available all day At: West Family Hub Farcliffe.  Bookable through West Family Hub Farcliffe reception	<b>Play and learn session</b> At: Abbey Green primary school Time: 1-2.30pm  Just drop in and register	<b>Portage session</b> At: Farnham primary school Time: 9.30-11am  Bookable by referral only or invitation only	<b>Bradford job club drop in sessions</b>  Time: 10am – 12.00 At: City Library  Just drop in.	<b>Baby Clinic</b> <b>Run by our health visiting team</b>  Time: 9am – 4pm Starting December. At: West Family Hub Farcliffe  Bookable through your health visiting team.	<b>Portage session</b> At: St Edmunds nursery Time: 9.30-11am  Bookable through St Edmunds	<b>LADZ West Yorkshire Male support group</b>  Time: 12.30 - 4.30 For more information, contact LADZ West Yorkshire or contact West Family Hub.  Just turn up !		
<b>Friday</b>	<b>Bookable sensory play sessions</b> Available all day At: West Family Hub Farcliffe  Bookable through Farcliffe reception.	<b>Adult disability gardening group, Bradford City</b>  Available all day At: West Family Hub  Bookable through Bradford City Disability FC. 07818515639								

**For more details, or to book on to a session please contact  
West Family Hub on, 01274 436700  
We look forward to seeing you soon!**