

Parent/Carer Support Group

Supporting Emotional and Mental Health



Tuesday
15th October



10:30am or
7:30pm



Held on Zoom

Please email the
address below

THIS MONTHS TOPIC: **SUPPORTING YOUR CHILD: TEENAGE BRAIN DEVELOPMENT**



In this months Parent Support Group, we will be discussing teenage brain development. Within the session, we will cover information around how this may inform emotional wellbeing and opportunity to learn new knowledge to support your child and young person.



mhstparentsupport@bdct.onmicrosoft.com