

Homemade bread,  
selection of seasonal  
vegetables or fresh  
salad served daily

# Heaton St Barnabas' C of E Primary School

**Wk 1** - 21st Apr, 12th May,  
2nd Jun, 23rd Jun, 14th Jul,  
1st Sep, 22nd Sep, 13th Oct  
**Wk 2** - 28th Apr, 19th May,  
9th Jun, 30th Jun, 21st Jul,  
8th Sep, 29th Sep, 20th Oct  
**Wk 3** - 5th May, 26th May,  
16th Jun, 7th Jul, 28th Jul,  
15th Sep, 6th Oct, 27th Oct

**MON**

**TUES**


**WED**

**THUR**

**FRI**


**WEEK 1**



-  **Cheese Flan**  
(Served with Paprika Potatoes, Seasonal Vegetables or Salad)
-  **Arrabiata Pasta**  
(Served with Crusty Bread & Salad)

Assorted Jacket Potatoes  
Selection of Sandwiches  
 Hot Sub Roll

-  **Apple Cake**  
(Baked Vanilla Sponge with Blended Apples & topped with Icing Sugar)
-  **Freshly Prepared Fruit**


-  **Halal Chicken Dhansak**  
(Served with Naan Bread & Salad)
-  **Quorn Meatballs**  
(Served with Rice & Salad)

Assorted Jacket Potatoes  
Selection of Sandwiches  
 Hot Sub Roll

-  **Flapjack**
-  **Freshly Prepared Fruit**


-  **Halal Roast Chicken Tikka Dinner**  
(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)

-  **Savoury Veggie Mince & Tatties**  
(Soya Mince & Vegetables, served in a Yorkshire Pudding)

Assorted Jacket Potatoes  
Selection of Sandwiches  
 Hot Sub Roll

-  **Old School Sponge Cake**  
(Served with Custard)
-  **Freshly Prepared Fruit**

-  **Cheese & Tomato Pizza**  
(Served with Chips & Beans or Salad)

-  **Loaded Vegetable Pizza**  
(Served with Chips & Salad)

-  **Spicy Vegetable Spring Roll**  
(Served with Paprika Potatoes, Salad or Seasonal Vegetables)

Assorted Jacket Potatoes  
Selection of Sandwiches

-  **Marble Sponge**  
(Served with Chocolate Sauce)
-  **Freshly Prepared Fruit**

-  **Halal Chicken Nuggets**  
(Served with Jacket Wedges & Salad)




**MSC Fish Fingers**  
(Served with Jacket Wedges & Salad or Seasonal Vegetables)


-  **Vegetable Pakoras**  
(Served with Jacket Wedges, Riata & Salad)

Assorted Jacket Potatoes  
Selection of Sandwiches

-  **Ice Cream Tubs**
-  **Freshly Prepared Fruit**


**WEEK 2**

-  **Halal Chicken Burrito**  
(Served with Nachos, Coleslaw or Salad)
-  **Homemade Cheese & Onion Pasty**  
(Served with Seasoned Potatoes, Salad or Seasonal Vegetables)
-  **Vegetable Samosas / Potatoes**  
(Served with Riata, Seasoned Potatoes & Salad)

Assorted Jacket Potatoes  
Selection of Sandwiches  
 Hot Sub Roll

-  **Fruity Flapjack**
-  **Freshly Prepared Fruit**


-  **Halal Spaghetti Bolognese**  
(Spaghetti Bolognese served with Garlic Bread & Salad)
-  **Fajita Pasta Bake**  
(Served with Crusty Bread, Salad or Seasonal Vegetables)



Assorted Jacket Potatoes  
Selection of Sandwiches  
 Hot Sub Roll

-  **Jam Sponge**  
(Served with Custard)
-  **Freshly Prepared Fruit**

-  **Halal Chicken Korma**  
(Served with Naan Bread & Salad)

-  **Mascarpone Pasta**  
(Served with Crusty Bread & Salad)

Assorted Jacket Potatoes  
Selection of Sandwiches  
 Hot Sub Roll

-  **Chocolate Brownie**
-  **Freshly Prepared Fruit**

-  **Cheese & Tomato Pizza**  
(Served with Jacket Wedges & Beans or Salad)

-  **Mini Meatless Ball Pizza**  
(Served with Jacket Wedges, Baked Beans or Salad)

Assorted Jacket Potatoes  
Selection of Sandwiches

-  **Chocolate Sponge**  
(Served with Chocolate Sauce)
-  **Freshly Prepared Fruit**

**MSC Battered Fish**  
(Served with Chips, Salad or Vegetables)


-  **Vegetable Dippers**  
(Served with Ketchup, Chips, Salad or Seasonal Vegetables)

Assorted Jacket Potatoes  
Selection of Sandwiches

-  **Fruit Jelly**  
(Fruit Jelly topped with Cream)
-  **Freshly Prepared Fruit**

**WEEK 3**


-  **Mac & Cheese**  
(Served with Crusty / Garlic Bread & Salad)
-  **Veg Jambalaya**  
(Seasoned Vegetables & Rice, served with Crusty Bread & Salad)


Assorted Jacket Potatoes  
Selection of Sandwiches  
 Hot Sub Roll

-  **Oat Cookie**
-  **Freshly Prepared Fruit**

-  **Halal Butter Chicken**  
(Served with Rice & Salad)


-  **Cheese Roll**  
(Served with Seasoned Potatoes & Seasonal Vegetables)


-  **Pomodoro Pasta**  
(Served with Fusilli Pasta, Crusty Bread & Salad)

Assorted Jacket Potatoes  
Selection of Sandwiches  
 Hot Sub Roll

-  **Sprinkle Cake**  
(Vanilla Sponge topped with Icing & Sprinkles)
-  **Freshly Prepared Fruit**

-  **Halal Beef Burger in a Bun**  
(Served in a Bun, with Jacket Wedges & Salad)

-  **Quorn Roast**  
(Served with Yorkshire Pudding & Seasonal Vegetables)

Assorted Jacket Potatoes  
Selection of Sandwiches  
 Hot Sub Roll

-  **Cornflake Tart**  
(Served with Custard)
-  **Freshly Prepared Fruit**

-  **Cheese & Tomato Pizza**  
(Served with Chips & Beans or Salad)


-  **Loaded Vegetable Pizza**  
(Served with Chips & Salad)

Assorted Jacket Potatoes  
Selection of Sandwiches

-  **Chocolate Sponge**  
(Served with Chocolate Sauce)
-  **Freshly Prepared Fruit**

**MSC Salmon & Sweet Potato Fishcake**  
(Served with Creamed Potatoes & Seasonal Vegetables)

**MSC Fish Fingers**  
(Served with Creamed Potatoes & Seasonal Vegetables)

-  **Aloo Gobi**  
(Served with 50/50 Rice & Salad)

Assorted Jacket Potatoes  
Selection of Sandwiches

-  **Vanilla Cookie**
-  **Freshly Prepared Fruit**



the **food quarter**

**FM SERVICES**

For full allergen  
& nutritional  
information  
head to our app

